



# SUDBURY



## What is the Good Food Box?

The Good Food Box runs like a large buying club. Each month, customers pre-pay **\$15** (large) or **\$7** (small) for a box of fresh fruits and vegetables. The Good Food Box Coordinator uses these deposits to place a bulk order through local distributors and producers.

- **Each box contains the same mix of fruits and vegetables**
- **The boxes are always below market price**
- **There is at *least* one local food item in each box, with numbers varying by season**
- **To find out your nearest pick up and order location, use the below contact information**

**Contact: Amanda LeClair**  
**Good Food Box Co-ordinator**  
[goodfoodbox@spcsudbury.ca](mailto:goodfoodbox@spcsudbury.ca)  
[www.goodfoodboxsudbury.ca](http://www.goodfoodboxsudbury.ca)

**Or visit your local library  
branch for a brochure on the  
Good Food Box!**



## ORDER BY DATES 2012

February 8th  
March 14th  
April 11th  
May 9th  
June 13th  
July 11th

## PICK UP DATES 2012

February 15th  
March 21st  
April 18th  
May 16th  
June 20th  
July 18th

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**Be healthy. Save money. Build community.**